



Apr to Sep 2022 / Year 2022-23

# SANGWARI

## NEWSLETTER



### VISION:

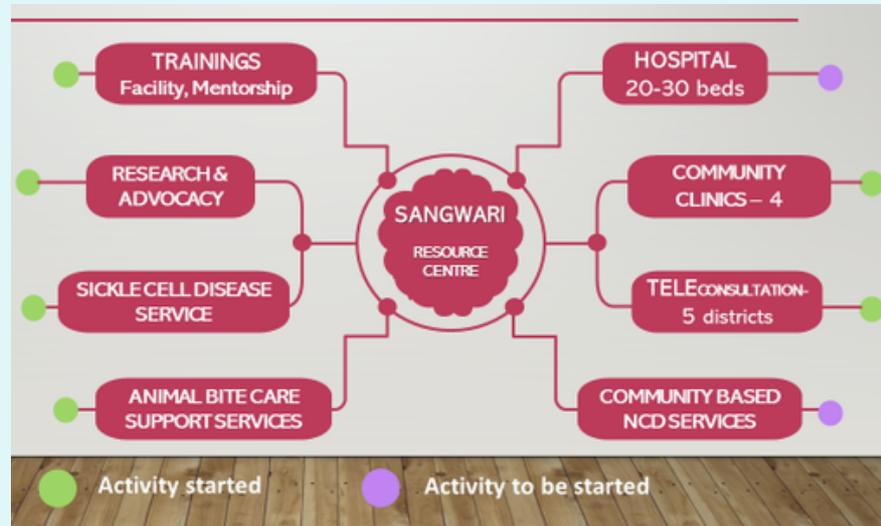
A world where every living being, including the poorest and belonging to the most marginalised communities, has an equal opportunity to live in good health as per their values and in harmony with the environment. Everyone has a nurturing space around them to reach a higher level of consciousness.

### MISSION:

To improve the health and well-being of Adivasi and other rural communities by way of medical care, community engagement and mobilisation, capacity building, research and advocacy.

**Serving, researching, and contributing to improved health of rural and adiwasi people in this part of central India"**

through -





# Sangwari Newsletter

## Our work over 6 months ..!



### Increasing consultations !

All 3 Sangwari community clinics, 4 outreach clinics, community outreach and 2 Pain & palliative care clinics have seen increase in number of consultations with the consultations in the last 6 months being almost double that of last year.

### Expansion & Engagement with community

With decreasing COVID-19 cases we started our efforts to expand community services with school and community visits for health awareness sessions and home visits to patients.



### Trainings of health workforce

Trained ~ 2000 health professional so far of them 753 were trained in reporting period of 6 month in state form Govt health system, various NGOs and institutes.





# Sangwari Newsletter

## Patient story..!



### Reaching the unreached...

Our team of field workers came across a man while climbing the Khirhir pahad, a local hilly spot in our service area. He seem to be worried. When our team approached him he explained his travails. He was suffering from chronic headaches. In order to seek some sort of care for this problem he needs to come down walking from *the pahad and travel another 25 kilometres* to reach to the nearest health centre to get his medications. Fed up with this tiresome journey he went to a Guniya (traditional healer in village). The Guniya would gave him good head massage and would "extract" some worms from his head while doing the same. With recurrence of headache he got worried and wanted the worms out of his head. At the same time he rued paying thousands of rupees to Guniya without getting much relief. Our field workers measured his blood pressure, and asked him to follow up in Sangwari clinic. The story highlights the challenges people have to face in this area for getting appropriate care for even simple ailments. Our team is attempting to reach the unreached in this area to reduce unnecessary spending and provide appropriate care to reduce suffering.



# Sangwari Newsletter



## Kindly Donate

Play your part in reaching the unreached! Every penny counts, every life touched is precious. Do your bit and help us reach the poor and disadvantaged people of this beautiful rich land.

Link for donation-

<https://sangwari.net/donate/>



SCAN ME

## Acknowledgements

Our collaborators -

1. CHAUPAL-Chaupal Gramin Vikas Prashikshan Evam Shodh Sansthan, Surguja
2. RAHA (Raigarh, Ambikapur Health association), Surguja
3. Red-Cross Society, Surguja
4. FOJSS
5. Yumetta Foundation, Maharashtra
6. Pallium India
7. Public Health Department, Surguja division
8. Government Medical College, Ambikapur
9. District Administration, Surguja district
10. State Health Resource Centre (SHRC), Chhattisgarh
11. Doctors for You (DFY), Delhi
12. Jhpiego

Our donors -

1. Sapana Foundation, Delhi
3. Health4the world
5. Caring Friends
5. Bengal Finance and Investments private Ltd.
6. Many Individual donors

## Contact

Local office - Sangwari Office, House No. W-12, Giriraj Konark Residency, In front of Kendriya Vidyalay, Near Suryakrishna Marriage Hall, Bhagwanpur Road, Ambikapur, Dist: Surguja, State: Chattisgarh, India- Pin Code: 497001

Registered office - 36-D, Surya Apartments, Sector-13, Rohini, N.W. Delhi - 110085

Email id - [sangwari.contact@gmail.com](mailto:sangwari.contact@gmail.com)

Website- <https://sangwari.net>

