

2022-23



SANGWARI

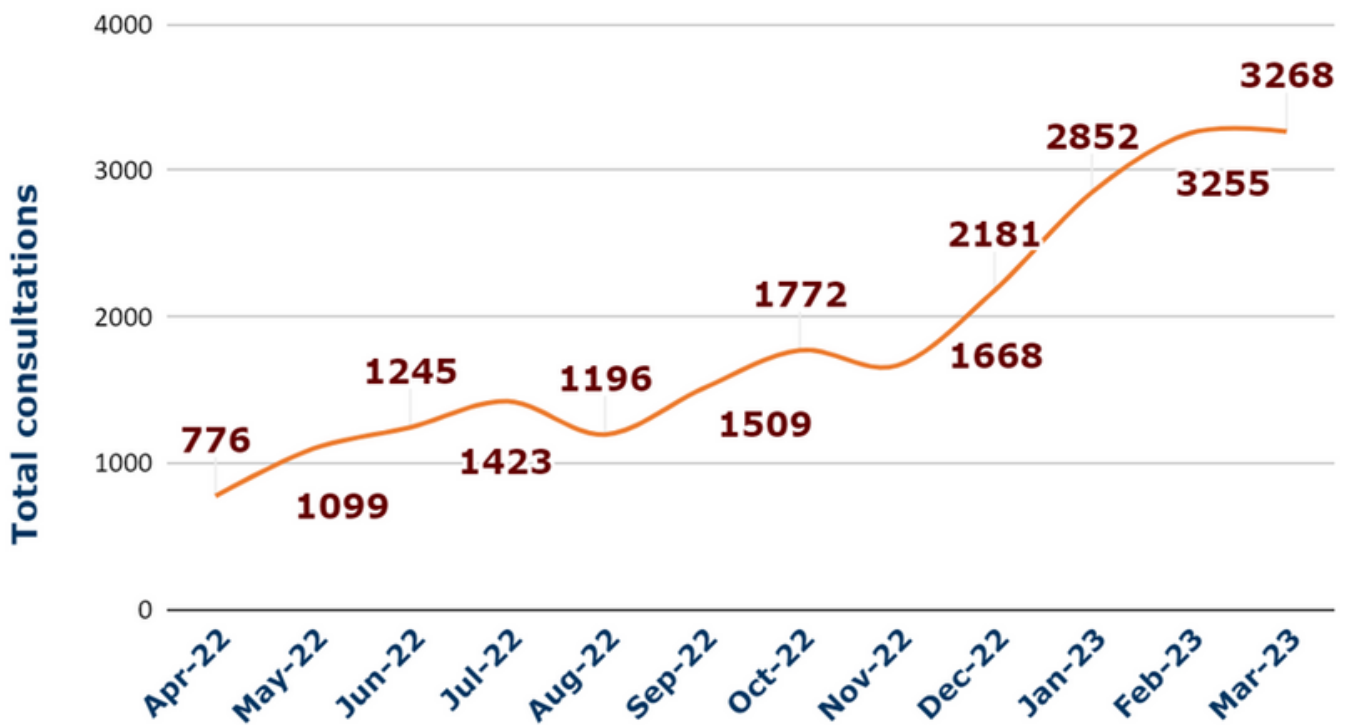
ANNUAL NEWSLETTER

Dear readers, friends, co-travelers
and Sangwaris, do witness our
journey this year....



HEALTH CARE SERVICES

All sort of clinical consultations provided



We were able to provide 22,244 clinical consultations that includes health check ups, diagnosis and treatments through-

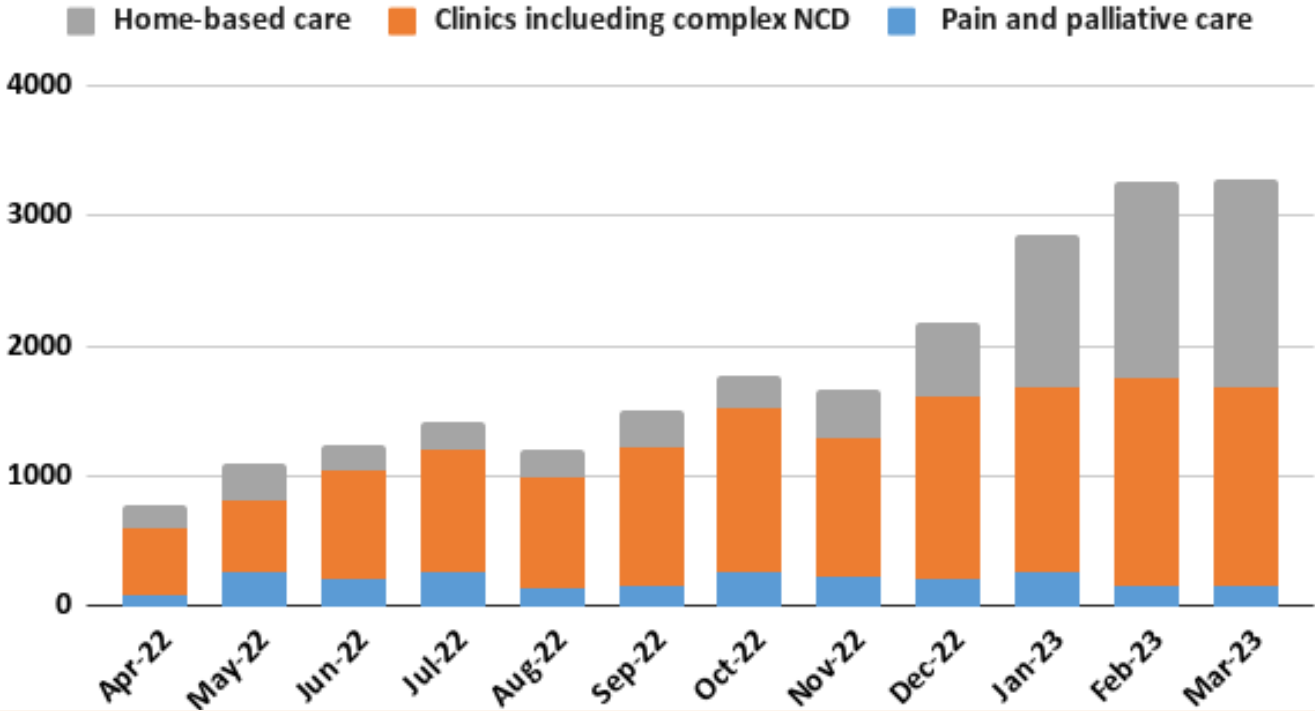
- Three clinics- Amgasi, Biniya & Kuniya
- Four outreach clinics,
- Camps in difficult to reach Village & Schools,
- OPD/Clinics at Govt health facilities

Especially to mentioned-

- Home care- doctors, trained nurse, supervisors & community health worker (Swastya Sangi),
- Tele-ponic follow up of 903 patients
- **Specialist consultations** majorly complex NCDs, pain and palliative care (PRPC), TB patients follow ups
- Free health care to particularly vulnerable tribal group (PVTGs) in clinics

HEALTH CARE SERVICES

Monthly distributions of the services provide



सप्ताह में एक दिन बुधवार को खुल रहा ओपीडी मेडिकल कॉलेज में दर्द निवारक केन्द्र भी हुआ शुरू



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मेडिकल कॉलेज चिकित्सालय में प्रत्येक बुधवार को दर्द निवारक व उपशामक देखरेख केन्द्र का संचालन हो रहा है. इस सुविधा के साथ ही अम्बिकापुर प्रदेश का पहला मेडिकल कॉलेज भी बन गया है. जहां दर्द निवारक केन्द्र संचालित है.

चिकित्सालय प्रबंधन के द्वारा मरीजों की संख्या बढ़ने पर केन्द्र संचालन दिवस में बढ़ोतरी किये जाने की योजना है. अस्पताल अधीक्षक डॉ. लखनपुर सिंह ने बताया कि दर्द निवारक और उपशामक केन्द्र में डॉ. शिल्पा खन्ना सेवा दे रही हैं. मेडिकल कॉलेज में बुधवार व साहरी प्राथमिक स्वास्थ्य केन्द्र नवापारा में सोमवार, मंगलवार व गुरुवार

असहनीय दर्द पर 21 कैंसर रोगी मिले

अस्पताल प्रबंधन के दैनिक दर्द निवारक केन्द्र से अभी तक सात सौ से अधिक मरीजों को परामर्श मिला है. जिसमें से असहनीय दर्द होने पर 21 गंभीर कैंसर मरीजों की पहचान हुई. मरीजों को निःशुल्क दवा का भी पितरण किया गया. ओपीडी में 415 मरीज पहुंचे, जिनके चिकित्सक से फोन पर 332 मरीजों को सलाह मिली. आवश्यकता पड़ने पर मरीज चिकित्सक के मोबाइल नम्बर 9560940646 पर संपर्क कर सकते हैं.

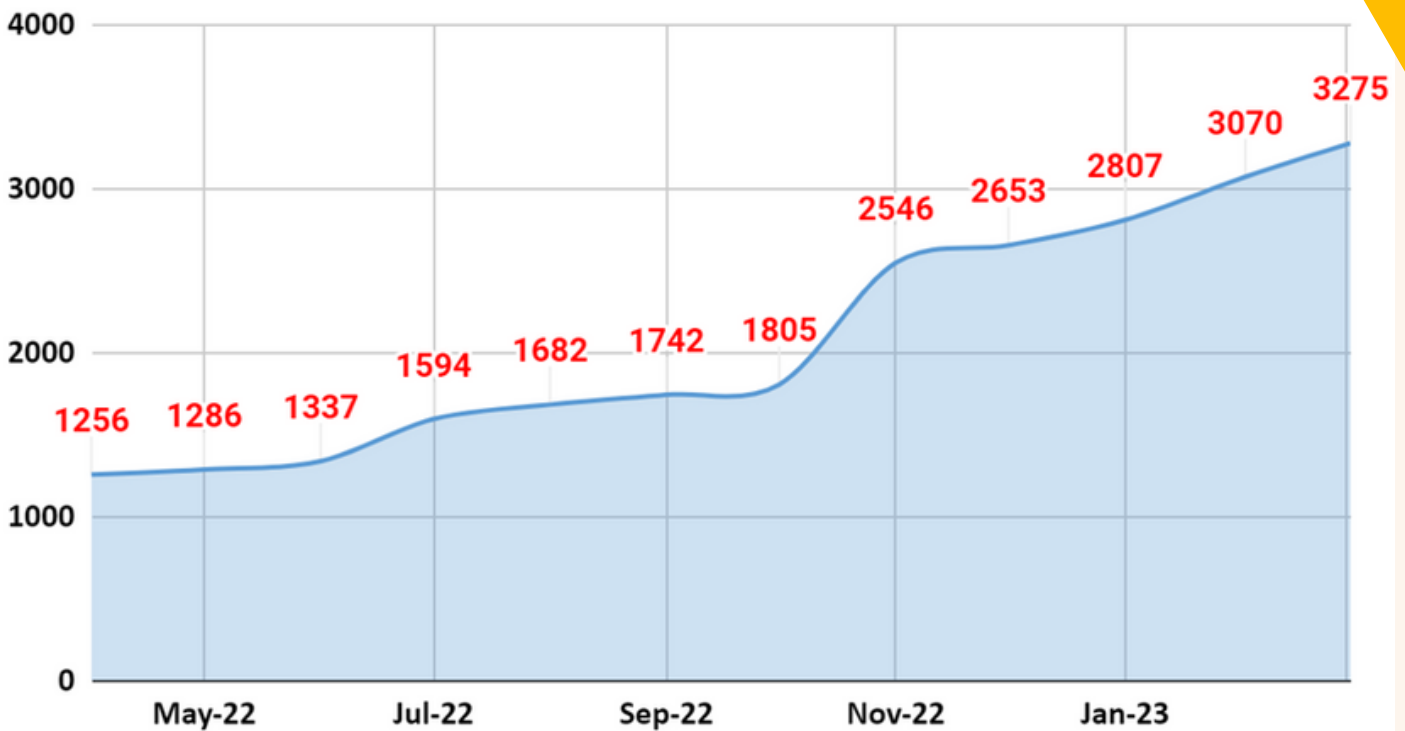
को यह ओपीडी संचालित हो रही है.

Milestones during this journey:

- AMGASI CLINIC – Renovation & expansion of services & days of service
- Tele-specialist consultations, complex NCDs check ups, patient's peer support group meetings started in clinics
- First time in the history of GMC Ambikapur, Morphine is now being used for pain and palliative care with Sangwari's support
- Team of 45 village level Swasthya Sangi recruited, trained & start working
- Ashram school, school screening program started

TRAININGS, MENTORSHIP

Healthcare providers trained



We continue to provide trainings & mentorship to healthcare staff, including-

- Continues trainings of the Sangwari staff through in clinics trainings as well workshop mode 2-3 sessions in month,
- We trained health care staff of not only district of Surguja and Surajpur but also all over Chhattisgarh
- Resident doctors, specialists, Community Health Officers, nurses, medical officers, lab tech, mitanina (ASHA worker), Mitanin trainers and para medical staffs

FIELDS STORIES



Community actions through special health check-up and health awareness camps in difficult to access areas- We have conducted this special drive under collective efforts from clinic team and community health program team.

As part of this examining blood pressure of a man with headache while climbing the Khirhir pahad as the person does not come to us we move to him. Usually this man needs to come down walking from Khirhir pahad approx. 25 kms to reach out to the nearest health center for his medications. He said when he went to the Guniya (traditional healer in village) of the village for treating his headache; the Guniya gave him good head massage but he extracted some worms from head while doing the same. So he got worried about his health and wants the worms out of his head. When our Supervisors & Swasthya Sangi measured his BP and gave him the medicine; he produced a 100 rupees note in front of us. When we denied the note, he astonishingly asked us why are you not taking money from me? I spent thousand on Guniya but did not get relief and now I am feeling relieved but you aren't taking any money. I will keep feeling better only when you accept money!! We denied the offer and asked him to visit the clinic to keep taking medicines further.

PHOTO STORIES



School health screening and medical check-up camp



Home visit to the TB patients to ensure treatment



Rheumatoid arthritis Patients support group meeting



Training sessions of the field staff by Doctor

ACKNOWLEDGEMENTS

Our collaborators –

1. CHAUPAL–Chaupal Gramin Vikas Prashikshan Evam Shodh Sansthan, Surguja
2. RAHA (Raigarh, Ambikapur Health association), local NGO, Surguja district
3. Red–Cross Society, Surguja district
4. FOJSS
5. Yumetta Foundation, Maharashtra
6. Pallium India
7. Public Health Department, Surguja division
8. Government Medical College, Ambikapur
9. District Administration, Surguja district
10. State Health Resource Centre (SHRC), Chhattisgarh
11. Doctors for You (DFY), Delhi

Our donors –

1. Sapana Foundation, Delhi
2. Health4the world
4. Caring Friends
5. Bengal Finance and Investments private Ltd.
6. Many Individual donors

We thank you for your continued support in our programs.

GET IN TOUCH



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